

Short videos

[How to change alertness scale?](#)[How to change commute times?](#)[How to change preferred main sleep?](#)[How to lock or unlock a roster?](#)[How to add comments to a roster?](#)[How to share roster?](#)[How to copy a schedule?](#)[How to edit duty?](#)[How to copy duty?](#)[How to add model-defined sleep to a duty?](#)[How to add user-defined sleep to a duty?](#)[How to edit sleep?](#)[How to add activity?](#)

