

Preferred main sleep section properties

You can find these properties under the [Administrator Settings](#) tab in the Settings screen.

Property	Description
Country	Use this dropdown to select the country, which you want to configure the sleep times for. There is no limit on the number of countries you can configure. However, if the sleep time is already configured for the selected country, you can't edit it. You must delete the configuration and add the configuration with new settings.
Sleep Start	Use this dropdown to select the default sleep start time for the selected country.
Sleep End	Use this dropdown to select the default sleep end time for the selected country.

 [How to change preferred main sleep?](#) 

